



DISCOVER
DEEP WISDOM IN
THE SOFT WORDS
OF OUR IRISH
ANCESTORS

5 FREE IRISH BLESSING
PRINTABLES
TO DOWNLOAD



IRISH AMERICAN MOM



THE WISDOM OF IRISH BLESSINGS



Irish Blessings were passed down to us by our ancestors through Ireland's vibrant oral literary tradition. Memorized by generations, through recitation and repetition, Irish blessings are beautiful, poetic, and mystical benedictions. Our forefathers believed in the great power of prayerfully expressed words.



The warmth of their heart-felt blessings is moving to this very day. Here are five of my favorite Irish blessings, which you are welcome to print, and display for your loved ones to appreciate.



OLD IRISH BLESSING

The light of god
surround you
the love of god
enfold you
the power of god
protect you
the presence of god
watch over you.



OLD IRISH BLESSING

God bless the corners of this house,
and be the lintel blest,
and bless the hearth and bless the board,
and bless each place of rest,
and bless each door that opens wide
to stranger as to kin,
and bless each crystal window pane
that lets the starlight in,
and bless the roof-tree overhead
and every sturdy wall.
the peace of man,
the peace of god,
the peace of love on all.



OLD IRISH BLESSING

May the blessing of light
be on you—
light without and light within.

May the blessed sunlight
shine on you
and warm your heart
till it glows like
a great peat fire.



OLD IRISH BLESSING


Bless us oh Lord,
You who are
the peace of all things calm,
the place to hide from harm,
the light that shines in dark,
the heart's eternal spark,
the door that's open wide,
welcoming all to come inside,
we ask this blessing
God be willing.

adapted from the celtic oral tradition - 1st millennium



OLD IRISH BLESSING

May you be blessed with
warmth in your home,
love in your heart,
peace in your soul
and joy in your life.





IRISH AMERICAN MOM

I believe it's never too late to explore your Irish cultural heritage and celebrate your ancestors' spiritual legacy.

On my website I share stories about all things Irish and Irish American, and look forward to celebrating our Irish heritage together.

Do stop by my blog to check out my recipes, ramblings and giveaways.

www.irishamericanmom.com